

PRIVACY POLICY

This is a freemium app by Sofia Naumova. By using the App/Service, you agree to this Privacy Policy and to our collection and processing of your information on the legal bases described here. We use Personal Data to provide and improve the Service and do not share it except as stated in this Policy. We may update this Policy from time to time; your continued use means you accept the changes. If you do not agree, please stop using the App. Please read this Policy carefully.

Information Collection and Use

For a better experience while using our Service, we may ask you to provide certain personally identifiable information ("Personal Data").

The information we request may be stored on your device and may be transmitted to us and our service providers (e.g., Amplitude, RevenueCat) as necessary to operate, provide, and improve the Service, process purchases and subscriptions, prevent fraud, and provide support, or where you choose to share it.

The App also uses third-party services that may collect information used to identify you.

Categories of Personal Data we process include: identifiers (e.g., device ID, advertising ID, IP address), app usage and interaction data, diagnostics and crash data, and purchase/subscription data (e.g., product, receipt, status, transaction identifiers).

We use this data to: provide and operate the Service; perform analytics and improve features; manage subscriptions and in-app purchases; detect, prevent, and address fraud, abuse, or security incidents; and comply with legal obligations.

We retain Personal Data only as long as necessary for the purposes above or as required by law, after which we delete or anonymize it.

Where required by law, we will obtain your consent (e.g., for certain analytics/marketing technologies) and you may withdraw it at any time via your device settings or in-app controls, where available.

Privacy policies of third-party service providers used by the App:

- Amplitude — <https://amplitude.com/privacy>
- RevenueCat — <https://www.revenuecat.com/privacy>

Log Data

Whenever you use our Service, if an error occurs in the App, we may collect data and information (through third-party products) from your device, known as “Log Data.”

This Log Data may include your Internet Protocol (IP) address, device name and model, operating system version, the App configuration at the time of use, the time and date of your use of the Service, and other statistics.

Cookies

Cookies are files with a small amount of data that are commonly used as anonymous unique identifiers. These are sent to your browser from the websites that you visit and are stored on your device's internal memory.

The App itself does not use cookies directly; however, if you access web content within the App (for example, via an in-app browser or WebView), those websites may send cookies to your device.

Third-party SDKs and libraries we use may also employ cookies or similar technologies (such as device identifiers) to collect information and improve their services.

You can accept or refuse cookies through your browser or device settings, and you can choose to be notified when a cookie is set.

If you disable cookies, some features of certain in-app web pages or third-party services may not function properly.

Service Providers

We may employ third-party companies and individuals for the following reasons:

- to facilitate the Service;
- to provide the Service on our behalf;
- to perform service-related functions; or
- to assist us in analyzing how the Service is used.

These third parties may have access to your Personal Information solely to perform these tasks on our behalf and are contractually obligated not to disclose or use it for any other purpose.

Security

We value your trust in providing Personal Information and use commercially reasonable safeguards to protect it. However, no method of transmission over the Internet or method of electronic storage is 100% secure, and we cannot guarantee absolute security.

Links to Other Sites

The Service may contain links to other sites. If you click on a third-party link, you will be directed to that site. Please note that these external sites are not operated by us. Therefore, we strongly advise you to review the privacy policies (and, where applicable, the terms of use) of those websites. We have no control over, and assume no responsibility for, the content, privacy policies, or practices of any third-party sites or services.

Children's Privacy

Our Services are not directed to children under thirteen (13) years of age. In certain jurisdictions (for example, in the EEA/UK), the applicable age for a child to lawfully provide consent online may be higher (between 13 and 16). Where required by applicable law, if you are under the applicable age of digital consent in your country/region, we will only process your Personal Information with verifiable consent of your parent or legal guardian. We do not knowingly collect Personal Information from children under 13 or under the higher local age of digital consent where applicable. If we become aware that a child under 13 (or under the applicable local age of digital consent) has provided us with Personal Information without the required parental consent, we will delete such information without undue delay and may disable the related account or access. If you are a parent or legal guardian and believe your child has provided us with Personal Information, please contact us so that we can take appropriate steps. We take reasonable steps to verify that consent is given or authorized by the holder of parental responsibility over the child (taking into account available technology and applicable law). Parents and guardians may withdraw consent at any time and may exercise their child's privacy rights (e.g., access, deletion) by contacting us at support@anxietyrelief.app.